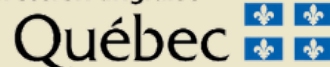




PROGRAM OF ACTIVITIES
JULY 2026
HEMMINGFORD

With financial support of
Secrétariat aux relations
avec les Québécois
d'expression anglaise

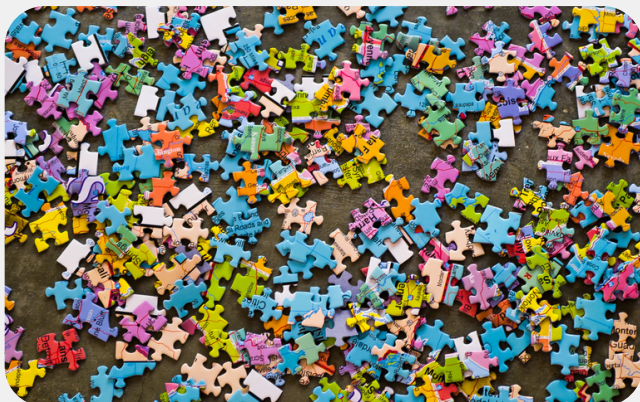


FOR THE ENGLISH-SPEAKING COMMUNITY OF HEMMINGFORD

Location: 476 Frontière, Hemmingford J0L1H0

REGISTRATION IS REQUIRED

call: 514-249-5539 or email: tina@mwcn.ca



Puzzles and Exchange

If you like puzzles, why not drop by our office to either work on one that is on-going in the office, or just exchange one.

(Take a puzzle, leave a puzzle)

Monday to Wednesday

From 9:00 am to 3:00 pm



Walking club with Johanne

Start the day with a nice walk and enjoy nature on our walking trail!

Every Tuesday at 2:00 pm

The walkers will meet in the parking lot of the Hemmingford Recreation Centre



School Supply Shopping

Back-to-school starts here!

Stop by and pick up school supplies for your children while supplies last

August 10th to 26th , From 9:00 to 3:00 pm



Senior Crafts

Enjoy a relaxed, creative morning with coffee and all materials included.

Unwind, connect, and make something beautiful—no experience needed!

Tuesday, Aug 11th , From 10:00- 11:30 am



Art and coffee

Let your inner artist shine!

Bring your art, enjoy a coffee, and let's create together.

Wednesday, Aug 26th , From 10:00 to 11:00 am



Employability Support

Looking for help with your job search or starting a business? By appointment only, we offer free translation of job documents, interpreter services for employment appointments, and support with Services Québec forms.

We also provide entrepreneurship support in collaboration with YES Montreal.

By appointment

For registration

joanne@mwcnc.ca or call: 450-691-1444