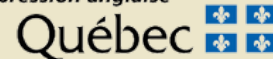




PROGRAM OF ACTIVITIES - SEP 2022 HUNTINGDON

Secrétariat aux relations
avec les Québécois
d'expression anglaise



In-Person Activities Respecting Government Guidelines

FOR THE ENGLISH-SPEAKING COMMUNITY OF HUNTINGDON

REGISTRATION IS REQUIRED

call 450-264-3596 or email Nora Donnelly at nora@mwcnc.ca



French Conversation

French for beginners in a relaxed setting

Location: Huntingdon Wellness Center

72 Dalhousie, Suite 201

Every Monday, Starting on September 12th.

From 10:00-11:30 am



Bookworm Club

Come and share the love of reading and learning open to all families with children

Location: Little Green Library 4 Rue Lorne, Huntingdon

Every Monday, from 4:15 - 5:15 pm



Tablet Training

Join our tablet, cellular, and computer training. You can bring your own electronic devices or borrow one of our devices.

Location: Huntingdon Wellness Center

72 Dalhousie, Suite 201

Every Tuesday - From 1:00 to 3:00 pm



Conversation-Cafe

Coffee, conversation, snacks and laughter, what more could you ask for?

Location: Huntingdon Wellness Center

72 Dalhousie, Suite 201

Every Wednesday - From 10:00 am to noon



Social Games / Games in the Park

Do you enjoy cards, or like outdoor games? Come join us in Prince Arthur Park for bocci ball or horse shoes.

*Location: Huntingdon Wellness Center
72 Dalhousie, Suite 201, and Prince Arthur Park
Every Wednesday - From 1:00 to 3:00 pm*



BINGO

Come and Play Bingo with us. It is a great activity to promote socialization, laughter and concentration

*Location: Huntingdon Wellness Center
72 Dalhousie, Suite 201
Every Thursday - From 1:00 to 3:00 pm*



Little adventures group

A great opportunity for parents and children to gather together!

*Location: Ormstown Village Church
52 Rue Lambton (across from the CIBC)
Every Friday - From 9:30 to 11:30 am*



Havelock Fair

Come and visit our MWCN Kiosk at the Havelock Agricultural Fair

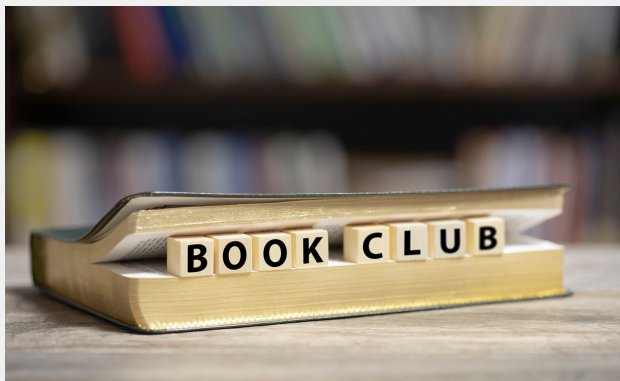
*Location: 455 Route 202, Havelock QC
Saturday & Sunday, September 10 & 11th
Form 10:00-5:00 pm*



Chair Yoga

Chair yoga returns with Julie. Chair yoga combines ancient yoga with the assistance of using a chair. Working in a chair makes the practice of yoga more accessible, but also gives extra support.

*Location: Ormstown Village Church:
52 Rue Lambton (across from the CIBC)
Every Tuesday starting September 13th, 1:30-2:30 pm*



Book Club

Monthly Book Club that meets to discuss themes, characters and plot

*Location: Huntingdon Wellness Center
72 Dalhousie, Suite 201*

Thursday September 15th - From 10:00 am to noon.

For registration: 450-264-3596 elliott@mwcnc.ca



Prime Timer's

Monthly Mens group, meets for breaking isolation, playing games and enjoying some refreshments

For registration: 450-264-3596 elliott@mwcnc.ca

Location: Huntingdon Wellness Center

72 Dalhousie, Suite 201

Monday, September 19th

From 10:00 am to noon



Notary Conference with Les Aidants

In partnership with Les Aidants, an information session with Dolores Pilon, she will provide different terminologies including power of attorney, mandate and more.

Location: 72 Dalhousie, suite 201.

Tuesday September 20th- From 1:30-3:30 pm

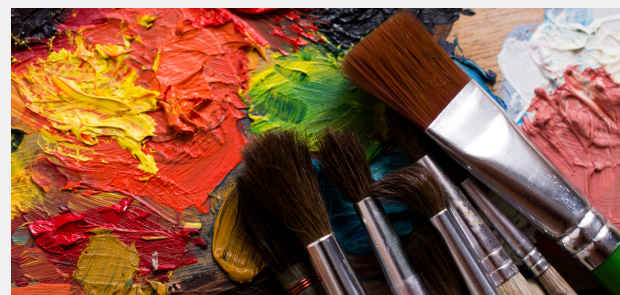


Champs Des Reves Outing

A Day Trip to the beautiful gardens of Champs des Reves

Registration: elliott@mwcnc.ca or call 450-264-3596

*Meeting Place: 72 Dalhousie, suite 201. Wednesday,
September 21st- From 10 am to 2:00 pm*



Sip and Paint

Come join our creative painting session with Nadeana while enjoying a beverage of choice. A wonderful relaxing evening with friends. \$15.00 call to reserve

*Location: Huntingdon Legion 8 CH. Fairview
Huntingdon*

Thursday September 22nd- From 7:00-9:00 pm