

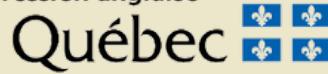


PROGRAM OF ACTIVITIES

FEBRUARY 2026

HEMMINGFORD

With financial support of
Secrétariat aux relations
avec les Québécois
d'expression anglaise



FOR THE ENGLISH-SPEAKING COMMUNITY OF HEMMINGFORD

Location: 476 Frontière, Hemmingford J0L1H0

REGISTRATION IS REQUIRED

call: 514-249-5539 or email: tina@mwcn.ca



Puzzles and Exchange

If you like puzzles, why not drop by our office to either work on one that is on-going in the office, or just exchange one.

(Take a puzzle, leave a puzzle)

Monday to Wednesday

From 9:00 am to 3:00 pm



Walking club with Johanne

Start the day with a nice walk and enjoy nature on our walking trail!

Every Tuesday at 1:30 pm

The walkers will meet in the parking lot of the Hemmingford Recreation Centre



Valentine Senior coffee and crafts

Join us for a cozy and creative Valentine-themed craft morning. Enjoy a relaxed atmosphere while creating something beautiful! **All materials are provided and coffee included** — just bring yourself and enjoy the fun!

Monday, February 2nd, From 10:00 to 11:00 am



Valentine Day's tea

Celebrate Valentine's Day with a cozy tea and delicious goodies. Come enjoy a sweet moment of connection, conversation, and community.

Tuesday, February 10th, From 1:00- 2:00 pm



Kid's crafts with Mrs Schmidt, Valentine's edition

Get crafty and creative at our Valentine's Day craft with Mrs. Schmidt! A fun activity for kids, with **all materials included.**

Tuesday, February 10th, From 3:00- 4:00pm



Art and coffee

Let your inner artist shine!

Bring your art, enjoy a coffee, and let's create together.

Wednesday, Feb 25th, From 10:00 to 11:00 am.



Employability Support

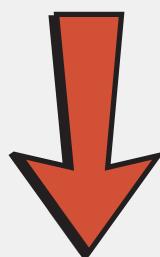
Looking for help with your job search or starting a business? By appointment only, we offer free translation of job documents, interpreter services for employment appointments, and support with Services Québec forms. We also provide entrepreneurship support in collaboration with YES Montreal.

By appointment

For registration

joanne@mwcn.ca or call: 450-691-1444

ON ZOOM



ON ZOOM



Watercolours with Sarah Murphy

Join us every Monday from January 19th to February 23rd for a fun watercolours workshop with artist Sarah Murphy. No experience needed, all skill levels are welcome!

List of supplies needed will be sent to all participants

February 2nd, 9th, 16th & 23rd 2026

From 10:00 to 11:30 am.

For registration:

email kitiara@mwcn.ca



Intermediate French

Join Line for our Intermediate French class online. Books can be sent in pdf form or picked up at the office in Chateauguay. **Cost is 25\$**

Starting February 3rd, 2026

from 7:00 to 8:30 pm - For registration:

patricia@mwcn.ca or call: 450-691-1444



SHARP

Financial subsidies to help you live comfortably at home

February 18th, 2026

From 10:00 to 11:30 am.

For registration: Click [HERE](#)

