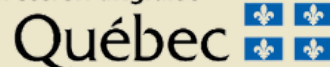




PROGRAM OF ACTIVITIES  
FEBRUARY 2026  
HEMMINGFORD

With financial support of  
Secrétariat aux relations  
avec les Québécois  
d'expression anglaise



FOR THE ENGLISH-SPEAKING COMMUNITY OF HEMMINGFORD

*Location: 476 Frontière, Hemmingford J0L1H0*

**REGISTRATION IS REQUIRED**

call: 514-249-5539 or email: [tina@mwcn.ca](mailto:tina@mwcn.ca)



### Puzzles and Exchange

If you like puzzles, why not drop by our office to either work on one that is on-going in the office, or just exchange one.

**(Take a puzzle, leave a puzzle)**

*Monday to Wednesday*

*From 9:00 am to 3:00 pm*



### Walking club with Johanne

Start the day with a nice walk and enjoy nature on our walking trail!

*Every Tuesday at 1:30 pm*

*The walkers will meet in the parking lot of the Hemmingford Recreation Centre*



### Valentine Senior coffee and crafts

Join us for a cozy and creative Valentine-themed craft morning. Enjoy a relaxed atmosphere while creating something beautiful! **All materials are provided and coffee included** — just bring yourself and enjoy the fun!

*Monday, February 2<sup>nd</sup>, From 10:00 to 11:00 am*



### Valentine Day's tea

Celebrate Valentine's Day with a cozy tea and delicious goodies. Come enjoy a sweet moment of connection, conversation, and community.

*Tuesday, February 10<sup>th</sup>, From 1:00- 2:00 pm*



### Kid's crafts with Mrs Schmidt, Valentine's edition

Get crafty and creative at our Valentine's Day craft with Mrs. Schmidt! A fun activity for kids, with **all materials included**.

**Tuesday, February 10<sup>th</sup>, From 3:00- 4:00pm**



### Art and coffee

Let your inner artist shine!  
Bring your art, enjoy a coffee, and let's create together.

**Wednesday, Feb 25<sup>th</sup>, From 10:00 to 11:00 am.**



### Employability Support

Looking for help with your job search or starting a business? By appointment only, we offer free translation of job documents, interpreter services for employment appointments, and support with Services Québec forms. We also provide entrepreneurship support in collaboration with YES Montreal.

**By appointment**

**For registration**

**joanne@mwcnc.ca or call: 450-691-1444**

# ON ZOOM





## ON ZOOM



### Watercolours with Sarah Murphy

Join us every Monday from January 19th to February 23rd for a fun watercolours workshop with artist Sarah Murphy. No experience needed, all skill levels are welcome!

List of supplies needed will be sent to all participants

**February 2nd, 9th, 16th & 23rd 2026**

**From 10:00 to 11:30 am.**

**For registration:**

**email [kitiara@mwcn.ca](mailto:kitiara@mwcn.ca)**



### Intermediate French

Join Line for our Intermediate French class online. Books can be sent in pdf form or picked up at the office in Chateauguay. **Cost is 25\$**

**Starting February 3rd, 2026**

**from 7:00 to 8:30 pm - For registration:**

**[patricia@mwcn.ca](mailto:patricia@mwcn.ca) or call: 450-691-1444**



### SHARP

Financial subsidies to help you live comfortably at home

**February 18th, 2026**

**From 10:00 to 11:30 am.**

**[For registration: Click HERE](#)**

