



# PROGRAM OF ACTIVITIES

MAY 2024

BEAUHARNOIS

With financial support of  
Secrétariat aux relations  
avec les Québécois  
d'expression anglaise



In Collaboration with **CLUB DES AÎNÉS MELOCHEVILLE**  
380, boulevard de Melocheville  
**REGISTRATION IS REQUIRED**

email: [info@mwcnc.ca](mailto:info@mwcnc.ca) or call: 450-691-1444



## Scrabble

Grab a few friends and come to our community space and play scrabble!

*Every Friday*

*From 9:00 am to 12:00 pm*



## Pool

Grab a few friends and come to our community space and play pool!

*Every Friday*

*From 9:00 am to 12:00 pm*



## Walking Group

Do you want to get some exercise and have a good chat with some friends? Join our walking group!

*Every Friday*

*From 10:00 to 11:30 am*



## Zumba with Rina

Join MWCN for a 6 week fun dance-based exercise class! The Zumba sessions is \$30 for the 6 weeks.

*Every Friday starting May 3rd*

*From 9:00 to 10:00 am*