

Head Office:
253 Boulevard D'Anjou
Telephone: 450-691-1444
Email: info@mwcn.ca



FEBRUARY 2026

Community Room:
259 Boulevard D'Anjou
Telephone: 450-692-0098
Email: info@mwcn.ca



S U N	M O N	T U E	W E D	T H U	F R I	S A T
1	2 9:15-10:45am: Bowling 9:00-10:30am: Happy Laps 11:30-1:00pm: Coloring Cafe 1:00-3:00pm: Grief Group	3 1:00-3:00pm: Coffee & Conversation on Caregiving 7:00-8:30pm: Intermediate french on Zoom	4 9:00-10:30am: Wacky Walkers 4:30-6:30pm: French conversation	5 10:00-11:30am: Cross-stitching with Donnelda 1:00-2:30pm: Exercise Class	6 10:00-12:00pm: Knitting Group	7
8	9 9:15-10:45am: Bowling 9:00-10:30am: Happy Laps 11:30-1:00pm: Coloring Cafe 1:00-3:00pm: Grief Group	10 10:00-12:00pm: Galentine's Day Celebration at OLPH 7:00-8:30pm: Intermediate french on Zoom	11 9:00-10:30am: Wacky Walkers 10:00-12:00 Black History Painting Craft 4:30-6:30pm: French conversation	12 10:00-11:30am: Cross-stitching with Donnelda 1:00-2:30pm: Exercise Class	13 10:00-12:00pm: Knitting Group	14
15	16 9:15-10:45am: Bowling 9:00-10:30am: Happy Laps 11:30-1:00pm: Coloring Cafe 1:00-3:00pm: Grief Group	17 1:00-2:30pm: Bingo 7:00-8:30pm: Intermediate french on Zoom	18 9:00-10:30am: Wacky Walkers 10:00-12:00pm: Paint by numbers 4:30-6:30pm: French conversation	19 10:00-11:30am: Cross-stitching with Donnelda 1:00-2:30pm: Exercise Class	20 10:00-12:00pm: Knitting Group 12:30-2:30pm: Art with Ilana	21
22	23 9:15-10:45am: Bowling 9:00-10:30am: Happy Laps 11:30-1:00pm: Coloring Cafe 1:00-3:00pm: Grief Group	24 10:00-12:00pm: Farkle with Maureen 7:00-8:30pm: Intermediate french on Zoom	25 9:00-10:30am: Wacky Walkers 10:30-12:30pm: Lunch and Learn 4:30-6:30pm: French conversation	26 10:00-11:30am: Cross-stitching with Donnelda 1:00-2:30pm: Exercise Class	27 10:00-12:00pm: Knitting Group	28