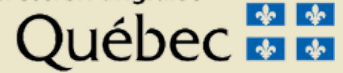




PROGRAM OF ACTIVITIES
APRIL 2026
HEMMINGFORD

With financial support of
Secrétariat aux relations
avec les Québécois
d'expression anglaise



FOR THE ENGLISH-SPEAKING COMMUNITY OF HEMMINGFORD

Location: 476 Frontière, Hemmingford J0L1H0

REGISTRATION IS REQUIRED

call: 514-249-5539 or email: tina@mwcnc.ca



Puzzles and Exchange

If you like puzzles, why not drop by our office to either work on one that is on-going in the office, or just exchange one.

(Take a puzzle, leave a puzzle)

Monday to Wednesday

From 9:00 am to 3:00 pm



Walking club with Johanne

Start the day with a nice walk and enjoy nature on our walking trail!

Every Tuesday at 2:00 pm

The walkers will meet in the parking lot of the Hemmingford Recreation Centre



Butterfly project Workshop

Creating Gardens That Support Native Pollinators. Learn how to design a beautiful garden that attracts bees, butterflies, and other pollinators using native plants and eco-friendly practices. Perfect for all skill levels!

Wednesday, April 8th , From 10:00 to 11:00 am



Senior Crafts

Enjoy a relaxed, creative morning with coffee and all materials included. Unwind, connect, and make something beautiful—no experience needed!

Monday, April 20th , From 10:00- 11:30 am



Kid's crafts with Mrs Schmidt

A fun and creative crafting session where kids can explore, create, and express themselves. All materials are included—just bring your imagination!

Tuesday April 27th , From 10:00- 11:30 am



Art and coffee

Let your inner artist shine!
Bring your art, enjoy a coffee, and let's create together.

Wednesday April 29th , From 3:00 to 4:00 pm.



Employability Support

Looking for help with your job search or starting a business? By appointment only, we offer free translation of job documents, interpreter services for employment appointments, and support with Services Québec forms. We also provide entrepreneurship support in collaboration with YES Montreal.

By appointment

For registration

joanne@mwcnc.ca or call: 450-691-1444

ON ZOOM



ON ZOOM



SHARP

Moving into Care: What to expect and How to Prepare

Wednesday, April 15th

From 10:00 to 11:30 am, For registration SHARP Registration



Financial Scam Prevention & Identity Theft Protection

Connected Canadians will guide participants will build knowledge and confidence to protect themselves from common online scams and fraud.

Wednesday, April 29th from 10:00 to 11:30 am

For registration: 450-264-3596 or nadya@mwcnc.ca

