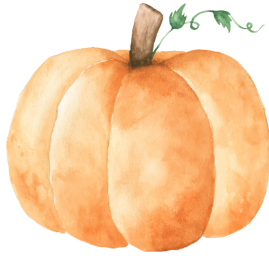
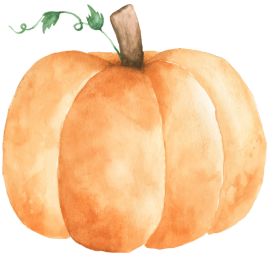


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# OCTOBER 2025



Community Room  
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| SUNDAY                            | MONDAY                                                                                                        | TUESDAY                                                                                              | WEDNESDAY                                                                                                                                   | THURSDAY                                                                                                     | FRIDAY                                                          | SATURDAY |
|-----------------------------------|---------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|----------|
|                                   |                                                                                                               |                                                                                                      | 9:00-10:00am: Yoga<br>9:00-10:30am: Wacky Walkers<br>10:00-5:00pm: Senior Fair<br>4:30-5:30pm: Yoga1                                        | 10:00-11:30am: Cross-stitching with Donnelda<br>1:00-2:30pm: Exercise Class2                                 | 10:00-12:00pm: Knitting Group3                                  | 4        |
| Matt Mardini Concert 6:00-9:00pm5 | 9:00-10:30am: Happy Laps<br>11:30-1:00pm: Coloring Cafe<br>9:15-10:45am Bowling6                              | 10:00-12:00pm: Paint by numbers<br>6:00-7:00pm: Sunset Strollers7                                    | 9:00-10:00am: Yoga<br>9:00-10:30am: Wacky Walkers<br>1:00-3:00pm: Drop in & Crop<br>4:30-5:30pm: Yoga8                                      | 9:00-10:00am: Cross-stitching with Donnelda<br>10:30-1:00pm: Lunch and Learn<br>1:00-2:30pm: Exercise Class9 | 10:00-12:00pm: Knitting Group10                                 | 11       |
| 12                                | Office Closed Thanksgiving13                                                                                  | 10:00-11:30am: Coffee and Conversation: Untold Stories<br>12:30-3:30pm: Beginner Card Making Class14 | 9:00-10:00am: Yoga<br>9:00-10:30am: Wacky Walkers<br>10:00-11:00am: Drop in Breakfast<br>1:00-3:00pm: Drop in & Crop<br>4:30-5:30pm: Yoga15 | 10:00-11:30am: Cross-stitching with Donnelda<br>1:00-2:30pm: Exercise Class16                                | 10:00-12:00pm: Knitting Group<br>12:30-2:30pm: Art with Ilana17 | 18       |
| 19                                | 9:15-10:45am: Bowling<br><br>Office Closed<br>Staff Retreat20                                                 | 10:00-11:30pm: Yves Legaré Conference- Coffee & Cookies<br>6:00-7:00pm: Sunset Strollers21           | 9:00-10:00am: Yoga<br>9:00-10:30am: Wacky Walkers<br>1:00-3:00pm: Drop in & Crop<br>4:30-5:30pm: Yoga22                                     | 10:00-11:30am: Cross-stitching with Donnelda<br>1:00-2:30pm: Exercise Class23                                | 10:00-12:00pm: Knitting Group<br>12:30-2:30pm: Art with Ilana24 | 25       |
| 26                                | 9:00-10:30am: Happy Laps<br>11:30-1:00pm: Coloring Cafe<br>1:00-3:00pm: Grief Group<br>9:15-10:45am Bowling27 | 12:30-3:30pm: Card Making Class with Donnelda & Kathy<br>4:30-6:30pm: French conversation28          | 9:00-10:00am: Yoga<br>9:00-10:30am: Wacky Walkers<br>1:00-3:30pm: Ageless: A Movie<br>4:30-5:30pm: Yoga29                                   | 10:00-11:30am: Cross-stitching with Donnelda<br>1:00-3:30pm: Halloween Disco Party30                         | 10:00-12:00pm: Knitting Group31                                 |          |