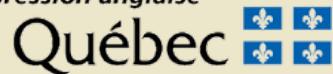




# PROGRAM OF ACTIVITIES JANUARY 2026 PINCOURT

FOR THE ENGLISH-SPEAKING COMMUNITY OF VAUDREUIL-SOULANGES

With financial support of  
Secrétariat aux relations  
avec les Québécois  
d'expression anglaise



**LOCATION: 95 5e avenue #100, J7W 5K8, Pincourt, QC**



## Bridge Club

If you are an avid Bridge player, please feel free to join our group or contact our office for more information.

**Mondays January 5, 12, 19, 26**

**From 1:30 to 3:30 pm**

**For registration: Call (514) 425-0399  
or email [lorie@mwcn.ca](mailto:lorie@mwcn.ca) or [kitiara@mwcn.ca](mailto:kitiara@mwcn.ca)**



## Mexican Train Dominoes

Please join us for our weekly games of Mexican Train Dominoes. (Space is limited)

**Tuesdays January 6, 13, 20, 27  
from 1:00 to 3:00 pm**

**For registration: Call (514) 425-0399  
or email [lorie@mwcn.ca](mailto:lorie@mwcn.ca) or [kitiara@mwcn.ca](mailto:kitiara@mwcn.ca)**



## Canasta

Please join us for our weekly game of Canasta. Everyone is welcome!

**Wednesdays January 7, 14, 21, 28  
From 9:00 to 11:00 am**

**For registration: Call (514) 425-0399  
or email [lorie@mwcn.ca](mailto:lorie@mwcn.ca) or [kitiara@mwcn.ca](mailto:kitiara@mwcn.ca)**



## Cribbage

Please join us for our drop-in games of Cribbage. Everyone is welcome!

**Wednesdays January 7, 14, 21, 28  
From 1:00 to 3:00 pm**

**For registration: Call (514) 425-0399  
or email [lorie@mwcn.ca](mailto:lorie@mwcn.ca) or [kitiara@mwcn.ca](mailto:kitiara@mwcn.ca)**



## Coffee Conversation with Lifeline

Join us for coffee & pastries while listening to a presentation by Lifeline Canada about staying safe at home and on the go with fall prevention guidance.

**Tuesday January 13th, From 10:00 to 11:00 am**

**For registration: Call (514) 425-0399**

**or email [lorie@mwcn.ca](mailto:lorie@mwcn.ca) or [kitiara@mwcn.ca](mailto:kitiara@mwcn.ca)**



## Cyber Safety Workshop:

### Understanding the Digital Landscape

**Connected Canada** will guide participants in exploring the digital landscape, recognizing common online risks, and learning practical strategies to protect their personal information.

**Wednesday, January 14<sup>th</sup> From 10:00 to 11:00 am.**

**For registration: Call (514) 425-0399**

**or email [lorie@mwcn.ca](mailto:lorie@mwcn.ca) or [kitiara@mwcn.ca](mailto:kitiara@mwcn.ca)**



## Bilingual Discussion

Feel like touching up your French or English? Join us for our easy-going discussion! All skill levels are welcome, whether you're just starting to learn or fluent.

**Wednesday January 21st, From 10:00 to 11:00 am**

**For registration:**

**Call (514) 425-0399 or email [kitiara@mwcn.ca](mailto:kitiara@mwcn.ca)**



## Paint by Numbers

Join us for some coffee and a paint-by-numbers class. All materials will be provided. **Cost is \$5.00** per person. Limited spots so register quickly!

**Thursday January 29<sup>th</sup>, From 10:00 am to 12:00 pm**

**For registration: Call (514) 425-0399**

**or email [lorie@mwcn.ca](mailto:lorie@mwcn.ca) or [kitiara@mwcn.ca](mailto:kitiara@mwcn.ca)**



## Tech Support

Need help with navigating your devices? Bring in your electronic devices and your questions!

**By appointment**

**For registration:**

**Call (514) 425-0399 or email: [kitiara@mwcn.ca](mailto:kitiara@mwcn.ca)**



## Employability Support

Looking for help with your job search or starting a business? By appointment only, we offer free translation of job documents, interpreter services for employment appointments, and support with Services Québec forms. We also provide entrepreneurship support in collaboration with YES Montreal.

**By appointment**

**For registration**

**joanne@mwcn.ca or call: 450-691-1444**

## MWCN Special Events



### MWCN Job Fairs

**Know someone looking for a job? Send them our way!**

MWCN is hosting two big Job Fair & Networking Events this January, don't let your friends or family miss out on new opportunities!

**January 21 – Hotel MOCO, Salaberry-de-Valleyfield**

**January 26 – St-Rémi Community Centre**

**Job Fair: 2:30 PM – 4:30 PM**

**Meet employers • Explore new career paths •**

**Build your network**

**RSVP & Info: [joanne@mwcn.ca](mailto:joanne@mwcn.ca)**

### MWCN Mentorship Networking Event

We're looking for bilingual retired employers and industry leaders to mentor local employees and job seekers, helping them strengthen their industry-specific French and English skills. Your guidance will support their integration into the workforce and boost their confidence in real workplace situations.

**January 21 – Hotel MOCO, Salaberry-de-Valleyfield**

**January 26 – St-Rémi Community Centre**

**Cocktail + Mentorship Presentation:**

**5:00 PM – 7:00 PM**

**RSVP & Info: [joanne@mwcn.ca](mailto:joanne@mwcn.ca)**

# ON ZOOM



## Watercolours with Sarah Murphy

Join us every Monday from January 19th to February 23rd for a fun watercolours workshop with artist Sarah Murphy. No experience needed, all skill levels are welcome!

List of supplies needed will be sent to all participants

**Monday, January 19<sup>th</sup> & 26<sup>th</sup> 2026**

**From 10:00 to 11:30 am.**

**For registration: Call (514) 425-0399**

**or email [lorie@mwcn.ca](mailto:lorie@mwcn.ca) or [kitiara@mwcn.ca](mailto:kitiara@mwcn.ca)**



## SHARP

Tips for active listening and reducing social isolation

**Wednesday, January 21<sup>st</sup> 2026**

**From 10:00 to 11:30 am.**

**For registration: Click [HERE](#)**



## Intermediate French

Join Line for our Intermediate French class online. Books can be sent in pdf form or picked up at the office in Chateauguay. **Cost is 25\$**

**Tuesday January 20th, 2026**

**from 7:00 to 8:30 pm - For registration:**

**[patricia@mwcn.ca](mailto:patricia@mwcn.ca) or call: 450-691-1444**



## Cyber Safety Workshop:

Understanding the Digital Landscape

**Connected Canada** will guide participants in exploring the digital landscape, recognizing common online risks, and learning practical strategies to protect their personal information.

**Wednesday, January 14<sup>th</sup> 2026**

**From 10:00 to 11:00 am.**

**For registration:**

**[nadya@mwcn.ca](mailto:nadya@mwcn.ca) or call 450-264-3596**