

FOR THE ENGLISH-SPEAKING COMMUNITY OF VAUDREUIL-SOULANGES

LOCATION: 95 5e avenue #100, J7W 5K8, Pincourt, QC



Walking Group

Start your week off right with some fun and exercise around beautiful Bellevue Park. Grab your sneakers and meet us at the tennis court parking lot. ****Weather permitting****

Mondays, August 3rd, 10th, 17th, 24th & 31st

From 9:00-10:00 am

Bellevue Park

62 Av. Monseigneur-Langlois, Pincourt, QC J7W 5C1

For registration:

kitiara@mwcnc.ca or 514-425-0399



Bridge Club

If you are an avid Bridge player, please feel free to join our group or contact our office for more information.

Mondays, August 3rd, 10th, 17th, 24th & 31st

From 1:30 to 3:30 pm

For registration:

kitiara@mwcnc.ca or 514-425-0399



Bocce Ball

Please join us for our weekly games of Bocce Ball. Beginner to advanced players, all are welcome!

****Weather permitting****

Tuesdays, August 4th, 11th, 18th & 25th

From 9:30 to 10:30 am

Taillon Park

1180 Chemin Duhamel Pincourt, QC J7W 4H4

For registration:

kitiara@mwcnc.ca or 514-425-0399

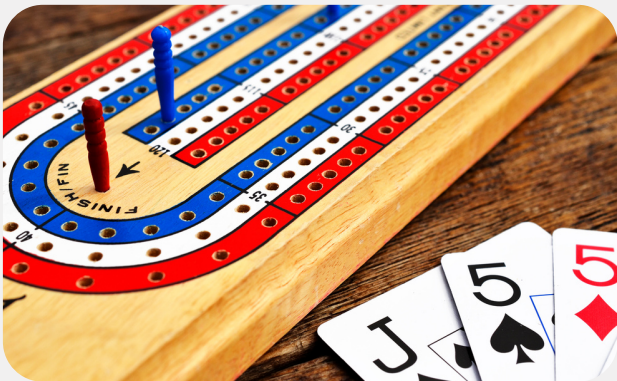


Mexican Train Dominoes

Please join us for our weekly games of Mexican Train Dominoes. (Space is limited)

Tuesdays, August 4th, 11th, 18th & 25th
From 1:00 to 3:00 pm

For registration:
kitiara@mwcn.ca or 514-425-0399



Cribbage

Please join us for our drop-in games of Cribbage. Everyone is welcome!

Wednesdays, August 5th, 12th, 19th & 26th
From 1:00 to 3:00 pm

For registration:
kitiara@mwcn.ca or 514-425-0399



Canasta

Please join us for our weekly game of Canasta. Everyone is welcome!

Wednesdays August 5th, 12th, 19th & 26th
From 9:00 to 11:00 am

For registration:
kitiara@mwcn.ca or 514-425-0399



Craft & Crunch

Join us for five fun-filled weeks of summer crafts, creativity, and friendship! Bring your lunch and enjoy a new themed activity each week.

Mondays, August 3rd & 10th
From 10:30-12:30 pm

For registration:
kitiara@mwcn.ca or 514-425-0399



Bilingual Discussion

Feel like touching up your French or English? Join us for our easy-going discussion! All skill levels are welcome, whether you're just starting to learn or fluent.

Wednesday, August 12th & 26th
From 10:00-11:00 am

For registration:
kitiara@mwcnc.ca or 514-425-0399



Gentle Yoga with Laura Gilmour

Join us for some Gentle Yoga at Bellevue park to start off the Summer months **Weather permitting**
\$25/6 Weeks

Thursdays, August 6th & 13th From 10:00 to 11:00 am
Bellevue Park
62 Av. Monseigneur-Langlois, Pincourt, QC J7W 5C1

For registration:
kitiara@mwcnc.ca or 514-425-0399



Paint by Numbers

Come by for a relaxing afternoon of painting and conversation! \$5 per person.

Thursday, August 13th
From 1:00 to 3:00 pm

For registration:
kitiara@mwcnc.ca or 514-425-0399



End of Summer Bingo

Let's celebrate the end of summer with a fun Bingo activity! \$2 per sheet or \$5 for 3 sheets.

Thursday, August 27th
From 1:00 to 3:00 pm

For registration:
kitiara@mwcnc.ca or 514-425-0399



Employability Support

Looking for help with your job search or starting a business? By appointment only, we offer free translation of job documents, interpreter services for employment appointments, and support with Services Québec forms. We also provide entrepreneurship support in collaboration with YES Montreal.

By appointment,

For registration

joanne@mwcnc.ca or call: 450-691-1444



Tech Support

Need help with navigating your devices?

Bring in your electronic devices and your questions!

By appointment only

For registration:

kitiara@mwcnc.ca or 514-425-0399

