



PROGRAM OF ACTIVITIES
NOVEMBER 2025
HEMMINGFORD

With financial support of
Secrétariat aux relations
avec les Québécois
d'expression anglaise

Québec 

FOR THE ENGLISH-SPEAKING COMMUNITY OF HEMMINGFORD

Location: 476 Frontière, Hemmingford J0L1H0

REGISTRATION IS REQUIRED

call: 514-249-5539 or email: tina@mwcnc.ca



Puzzles and Exchange

If you like puzzles, why not drop by our office to either work on one that is on-going in the office, or just exchange one.

(Take a puzzle, leave a puzzle)

Monday to Wednesday

From 9:00 am to 3:00 pm



Walking club with Johanne

Start the day with a nice walk and enjoy nature on our walking trail!

Every Wednesday at 9h30 am

The walkers will meet in the parking lot of the Hemmingford Recreation Centre



Senior craft morning

Craft morning for adults, coffee and material is included

Nov 3 and 17

From 10:00 am till noon



After school Kid's crafts

Vision boards - material is included

Nov 10

From 3:00 till 4:00 pm



Art and coffee

Artists bring your art, let's create together

Nov 12 and 26

From 10:00 to 11:30 am

ON ZOOM



SHARP - Who to call for help

Who to call for help: InfoSanté, Info-Social & other essential hotlines

Presented by **Jennifer Hobbs-Robert** S.Sc.A, BCN, CNEd, Senior Advisor - JH Partners

Wednesday, November 19th, 2025

From 10:00 to 11:30 am.

For registration: Click [HERE](#)

