



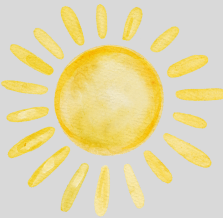



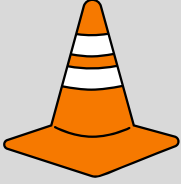


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JULY 2026

Community Room:
259 Boulevard D'Anjou
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SUN	MON	TUE	WED	THU	FRI	SAT
	 		1  Canada Day Event @ Agora 5:00-9:00 PM Office Closed	2 10:00-11:30am: Cross-stitching with Donnelda 1:00-2:30pm: Exercise Class	3 10:00-12:00pm: Knitting Group	4
5 	6 8:30-10:00am: Happy Laps 11:00-12:30pm: Coloring Cafe 1:00-3:00pm: Grief Group	7 4:00-7:00pm: MWCN's AGM	8 8:30-10:00am: Wacky Walkers	9 10:00-11:30am: Cross-stitching with Donnelda 1:00-2:30pm: Exercise Class	10 10:00-12:00pm: Knitting Group 12:30-2:30pm: Art with Ilana	11 
12	13 8:30-10:00am: Happy Laps 11:00-12:30pm: Coloring Cafe 1:00-3:00pm: Grief Group 5:30-6:30pm: Sokasweat	14 10:00-12:00pm: Summer Picnic 6:00-7:00pm: Sunset Strollers	15 8:30-10:00am: Wacky Walkers 10:00-11:00am: Yoga	16  Office Closed Staff Fun Day	17 10:00-12:00pm: Knitting Group	18
19 	20 Office Closed	21 Office Closed	22 Office Closed	23 Office Closed	24 Office Closed	25 
26 	27 Office Closed	28 Office Closed	29 Office Closed	30 Office Closed	31 Office Closed	