

FOR THE ENGLISH-SPEAKING COMMUNITY OF VAUDREUIL-SOULANGES

LOCATION: 95 5e avenue #100, J7W 5K8, Pincourt, QC



Walking Group

Start your week off right with some fun and exercise around beautiful Bellevue Park. Grab your sneakers and meet us at the tennis court parking lot. **Weather permitting**

Mondays June 1st, 8th, 15th, 22nd & 29th

From 9:00-10:00 am

Bellevue Park

62 Av. Monseigneur-Langlois, Pincourt, QC J7W 5C1

For registration:

kitiara@mwcnc.ca or 514-425-0399



Bridge Club

If you are an avid Bridge player, please feel free to join our group or contact our office for more information.

Mondays June 1st, 8th, 15th, 22nd, & 29th

From 1:30 to 3:30 pm

For registration:

kitiara@mwcnc.ca or 514-425-0399



Mexican Train Dominoes

Please join us for our weekly games of Mexican Train Dominoes. (Space is limited)

Tuesdays June 2nd, 9th, 16th, 23rd, 30th

From 1:00 to 3:00 pm

For registration:

kitiara@mwcnc.ca or 514-425-0399

Activities - Pincourt

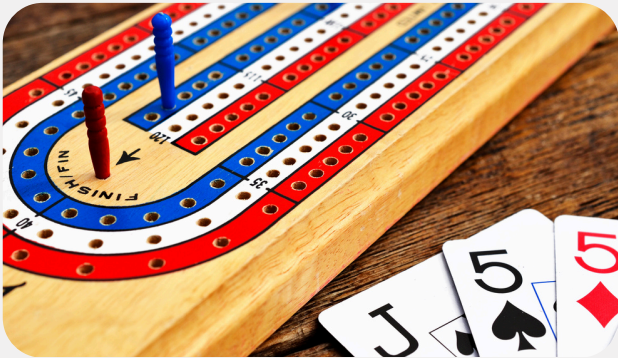


Bocce Ball

Please join us for our weekly games of Bocce Ball. Beginner to advanced players, all are welcome!
Weather permitting

Tuesdays June 2nd, 9th, 16th, 23rd From 9:30 to 10:30 am

For registration:
kitiara@mwcnc.ca or 514-425-0399



Cribbage

Please join us for our drop-in games of Cribbage. Everyone is welcome!

**Wednesdays June 3rd, 10th & 17th
From 1:00 to 3:00 pm**

For registration:
kitiara@mwcnc.ca or 514-425-0399



Canasta

Please join us for our weekly game of Canasta. Everyone is welcome!

**Wednesdays June 3rd, 10th & 17th
From 9:00 to 11:00 am**

For registration:
kitiara@mwcnc.ca or 514-425-0399



Trivia

Come join us for a fun morning of competitive trivia!

Monday, June 8th From 10:00 to 11:30 am

For registration:
kitiara@mwcnc.ca or 514-425-0399



Bilingual Discussion

Feel like touching up your French or English? Join us for our easy-going discussion! All skill levels are welcome, whether you're just starting to learn or fluent.

Wednesday, June 10th

From 10:00-11:00 am

For registration:

kitiara@mwcnc.ca or 514-425-0399



0-5 Festival

Come on by the 0 - 5 Festival in Coteau du Lac, hosted by the CISSSMO - Youth Programs.

MWCN V-S will have a wonderful Interactive and fun table for families and young children to enjoy!

Saturday June 13th

From 9:00 to 1:00 pm

For registration:

kitiara@mwcnc.ca or 514-425-0399



How to Protect Your Privacy from AI

Learn how to protect yourself and your private information from Artificial Intelligence with this informative presentation.

Thursday, June 18th

From 10:00 to 11:00 am

For registration:

kitiara@mwcnc.ca or 514-425-0399



Canada Day Craft

Let's celebrate the upcoming Canada Day by making themed crafts!

Monday, June 22nd From 10:00 to 11:30 am

For registration:

kitiara@mwcnc.ca or 514-425-0399



Gentle Yoga with Laura Gilmour

Join us for some Gentle Yoga at the park to start off the Summer months ****Weather permitting****
\$25/6 Weeks

Thursday, June 25th

From 10:00 to 11:00 am

For registration:

kitiara@mwc.ca or 514-425-0399



Bocce Ball Tournament

Join us for a Bocce Ball tournament! \$5 per person.
****Weather permitting****

Tuesday, June 30th

From 9:30 to 11:30 am

For registration:

kitiara@mwc.ca or 514-425-0399



Tech Support

Need help with navigating your devices?

Bring in your electronic devices and your questions!

By appointment only

For registration:

kitiara@mwc.ca or 514-425-0399



Employability Support

Looking for help with your job search or starting a business? By appointment only, we offer free translation of job documents, interpreter services for employment appointments, and support with Services Québec forms. We also provide entrepreneurship support in collaboration with YES Montreal.

By appointment,

For registration

joanne@mwc.ca or call: 450-691-1444

ON ZOOM



SHARP

Staying Active with Vision Loss: Tips and Tools That Help

Wednesday, June 17th

From 10:00 to 11:30 am, For registration SHARP Registration

