PROGRAM OF ACTIVITIES
NOVEMBER 2026
HEMMINGFORD

With financial support of
Secrétariat aux relations avec les Québécois d'expression anglaise
Québec

FOR THE ENGLISH-SPEAKING COMMUNITY OF HEMMINGFORD

Location: 476 Frontière, Hemmingford J0L 1H0

REGISTRATION IS REQUIRED

call: 514-249-5539 or email: tina@mwcn.ca



Puzzles and Exchange

If you like puzzles, why not drop by our office to either work on one that is on-going in the office, or just exchange one.
(Take a puzzle, leave a puzzle)

Monday to Wednesday
From 9:00 am to 3:00 pm



Walking club with Johanne

Start the day with a nice walk and enjoy nature on our walking trail!

Every Tuesday at 2:00 pm
The walkers will meet in the parking lot of the Hemmingford Recreation Centre



Youth Group with Mrs Schmidt

A fun and welcoming group for teens in Grades 7–10 to connect, make new friends, and enjoy activities in a relaxed and positive environment. Come hang out, have fun, and be part of your local Hemmingford community!

Friday November 6th From 7:00- 9:00 pm



Senior Crafts

Enjoy a relaxed, creative morning with coffee and all materials included.

Unwind, connect, and make something beautiful—no experience needed!

Friday November 10th From 10:00- 11:30 am



Kid's crafts with Mrs Schmidt

Get creative with Mrs. Schmidt!
A fun, hands-on craft activity for children from **K4 to Grade 3.**

Come create, explore, and have fun while making something special to take home!

All materials are included.

Monday, November 16th, at 3:00 pm



Kid's crafts with Mrs Schmidt

Get creative with Mrs. Schmidt! 🎨✂️
A fun, hands-on craft session for kids in **Grades 4–6**.

Come get creative, try something new, and make your own special project to take home!

All materials are included.

Tuesday, November 16th , at 3:00 pm



Art and coffee

Let your inner artist shine!

Bring your art, enjoy a coffee, and let's create together.

Monday, November 30th, From 10:00 to 11:30 am



Employability Support

Looking for help with your job search or starting a business? By appointment only, we offer free translation of job documents, interpreter services for employment appointments, and support with Services Québec forms.

We also provide entrepreneurship support in collaboration with YES Montreal.

By appointment
For registration
joanne@mwcn.ca or call: 450-691-1444

ON ZOOM

ON ZOOM



Online French Classes (Intermediate and Conversation)

A 10 week French intermediate class online to assist with conversation and comprehension

Tuesdays From 7:00 - 8:30 pm

For registration
ryan@mwcn.ca or call: 450-691-1444



SHARP

Strength and Balance to Prevent Falls

Wednesday, November 18th From 10:00 - 11:00 am

Registration



Phishing Scams - Connected Canadians workshop

Participants will learn to recognize email, text, and AI-generated phishing scams, along with practical tips for protection and prevention.

Location: Huntingdon Wellness Center
72 Dalhousie, Suite 201

Tuesday, November 17th, from 10:00-11:30 am

For registration: 450-264-3596 or nadya@mwcn.ca