




PROGRAM OF ACTIVITIES

APRIL 2026

CHÂTEAUGUAY

With financial support of

Secrétariat aux relations
avec les Québécois
d'expression anglaise

Québec 

FOR THE ENGLISH-SPEAKING COMMUNITY OF MONTRÉGIE WEST



Colouring Cafe

A nice and relaxing activity with great conversation!

Mondays from 11:30 to 1:00 pm

For registration

tonya@mwcnc.ca or call: 450-691-1444

Location: 259 Blvd D'Anjou, Community Space



Grief Group

Come share with us the past, present, and future realities that you are going through. Everyone is welcome to join our discussion group.

Mondays from 1:00 to 3:00 pm

For registration

tonya@mwcnc.ca or call 450-691-1444

Location: 259 Blvd D'Anjou, Community Space



Drop-in & Crop

Kathy will be at our community space if you need any help for your ongoing card making projects! Just drop in and say hi!

Every Wednesday from 1:00 to 3:00 pm,

For registration

tonya@mwcnc.ca or 450-691-1444

Location: 259 Blvd D'Anjou, Community Space



French Conversation

Join us for a french conversation group! This is a chance to come and speak and practice!

**Every Wednesday from 4:30 to 6:30 pm,
For registration**

info@mwcnc.ca or 450-691-1444

Location: 253 Blvd D'Anjou,



Wacky Walkers

Enjoy strolling through the streets of Chateauguay with a group of friendly members of MWCN!

**Every Wednesday - from 9:00 to 10:30 am
For registration**

tonya@mwcnc.ca or call: 450-691-1444

Location: Agora



Exercise Class

Join us for an exercise class to do light toning. The exercises will be done using videos in our community space. We only have room for 10 participants.

Every Thursday

From 1:00 to 2:30pm, For registration

tonya@mwcnc.ca or call: 450-691-1444

Location: 259 Blvd D'Anjou, Community Space



Knitting Group

If you are interested in knitting or learning how to knit, this is the group for you! Please reserve your spot in advance.

Every Friday, from 10:00 am to 12:00 pm

For registration

tonya@mwcnc.ca or call: 450-691-1444

Location: 259 Blvd D'Anjou, Community Space



Farkle

If you want to have some fun and some laughs join us to play farkle! Registration is required.

Registration is required.

Tuesday, April 7th, from 10:00 to 12:00 pm
For registration
tonya@mwcn.ca or 450-691-1444

Location: 259 Blvd D'Anjou, Community Space



Drop-in Breakfast with Petula

Join Petula for a \$2.00 breakfast. Enjoy a bagel, fruit, and much more!

Registration is required.

Wednesday, April 15th & 22nd
from 10:00 - 11:30 am, For registration
tonya@mwcn.ca or call: 450-691-1444

Location: 259 Blvd D'Anjou, Community Space



Art with Ilana

HAND PAINTED APRONS By popular demand and just in time for Spring, we will be painting our own aprons using fabric paint. The aprons will be 100% cotton at a cost of \$2 per apron. The fabric paint and decorating accessories will be supplied along with a brief demonstration of how to paint on fabric.

Friday, April 17th, from 12:30 to 2:30 pm
For registration
tonya@mwcn.ca or call: 450-691-1444

Location: 259 Blvd D'Anjou, Community Space



Card Class with Donnelda and Kathy

Join Donnelda and Kathy as they show you how to make a pop up card with a spring of Mother's Day Theme. Space only for 8.

Tuesday, April 21st
from 12:30 - 3:30 pm, For registration
tonya@mwcnc.ca or call: 450-691-1444

Location: 259 Blvd D'Anjou, Community Space



Financial Scam Prevention & Identity Theft Protection

Connected Canadians will support participants in building the knowledge and confidence needed to recognize and protect themselves from common online scams and fraud.

Wednesday, April 29th, from 10:00 to 11:30 am
For registration
tonya@mwcnc.ca or call: 450-691-1444

Location: 259 Blvd D'Anjou, Community Space



Bingo

Join us for bingo! To play it is \$5.00 and you win cash prizes!

Wednesday, April 29th
from 1:00 - 2:30 pm, For registration
tonya@mwcnc.ca or call: 450-691-1444



Book Launch: Untold Stories

Join us for the launch of ***The Untold Stories of Châteauguay***, a powerful collection of voices from citizens and entrepreneurs who share their personal journeys of growing up, falling in love, and serving the community. Through stories, poems, and personal accounts, this book captures the heart and soul of Châteauguay. **This is an event not to miss!** Light refreshments and finger foods will be provided. Kindly RSVP in advance.

Thursday, April 30th,
from 10:00 - 12:00 pm, For registration
francoise@mwcnc.ca or call: 450-691-1444

Location: OLPH Hall, 284 Molson



Employability Support

Looking for help with your job search or starting a business? By appointment only, we offer free translation of job documents, interpreter services for employment appointments, and support with Services Québec forms. We also provide entrepreneurship support in collaboration with YES Montreal.

***By appointment, For registration
joanne@mwcnc.ca or call: 450-691-1444***

ON ZOOM



SHARP

Moving into Care: What to expect and How to Prepare

***Wednesday, April 15th
From 10:00 to 11:30 am, For registration SHARP
Registration***



Financial Scam Prevention & Identity Theft Protection

Connected Canadians will guide participants will build knowledge and confidence to protect themselves from common online scams and fraud.

Wednesday, April 29th from 10:00 to 11:30 am

For registration: 450-264-3596 or nadya@mwcnc.ca