






Head Office:  
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# JUNE 2026



Community Room:  
259 Boulevard D'Anjou  
Telephone: 450-692-0098  
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SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> 8:30-10:00am: Happy Laps 11:00-12:30pm: Coloring Cafe 1:00-3:00pm: Grief Group 5:30-6:30pm: Sokasweat	<b>2</b> 10:00-12:00pm: Farkle 6:00-7:00pm: Sunset Strollers	<b>3</b> 8:30-10:00am: Wacky Walkers 10:30-5:00pm: Segal Theatre Trip 1:00-3:00pm: Drop-in & Crop 4:30-6:30pm: French conversation	<b>4</b> 10:00-11:30am: Cross-stitching with Donnelda 1:00-2:30pm: Exercise Class	<b>5</b> 10:00-12:00pm: Knitting Group	<b>6</b> 
<b>7</b> 	<b>8</b> 8:30-10:00am: Happy Laps 11:00-12:30pm: Coloring Cafe 1:00-3:00pm: Grief Group	<b>9</b> 6:00-7:00pm: Sunset Strollers	<b>10</b> 8:30-10:00am: Wacky Walkers 10:00-11:30am: Drop-in Breakfast 1:00-3:00pm: Drop-in & Crop 4:30-6:30pm: French conversation	<b>11</b> 10:00-11:30am: Cross-stitching with Donnelda 1:00-2:30pm: Exercise Class	<b>12</b> 12:30-2:30pm: Art with Ilana	<b>13</b>
<b>14</b>	<b>15</b> 8:30-10:00am: Happy Laps 11:00-12:30pm: Coloring Cafe 1:00-3:00pm: Grief Group 5:30-6:30pm: Sokasweat	<b>16</b> 12:30-3:30pm: Card Class with Donnelda & Kathy 6:00-7:00pm: Sunset Strollers	<b>17</b> 8:30-10:00am: Wacky Walkers 10:00-11:00am: Yoga class 12:30-3:30pm: Card Class with Kathy 4:30-6:30pm: French conversation	<b>18</b> 10:00-11:30am: Cross-stitching with Donnelda 1:00-2:30pm: Exercise Class	<b>19</b> 10:00-12:00pm: Knitting Group	<b>20</b> 
<b>21</b> 	<b>22</b> 8:30-10:00am: Happy Laps 11:00-12:30pm: Coloring Cafe 1:00-3:00pm: Grief Group	<b>23</b> 6:00-7:00pm: Sunset Strollers	<b>24</b> Office Closed 	<b>25</b> 10:00-11:30am: Cross-stitching with Donnelda 1:00-2:30pm: Exercise Class	<b>26</b> 10:00-12:00pm: Knitting Group	<b>27</b>
<b>28</b>	<b>29</b> 8:30-10:00am: Happy Laps 11:00-12:30pm: Coloring Cafe 1:00-3:00pm: Grief Group 5:30-6:30pm: Sokasweat	<b>30</b> 6:00-7:00pm: Sunset Strollers				